




## BEGINNER'S GUIDE TO TWIGGING

### A cautionary note

Twigs are not to be inserted into the body. They are bits of tree. Have some sense, people.

### You Will Need

<p>Some twigs</p>	
<p>Something soft to lie on, for contrast (if you're bending over a desk, cover it in a faux fur throw. For added pornstar appeal, it should be a zebra print throw with pvc edging)</p>	
<p>Some body lotion for later</p>	

**A handsome guy/ gorgeous girl to receive a good old twigging. If ugly is your limit, fine, but at least try for the lookers.**



- **Be sure to warn your (willing) partner that it's going to hurt a little. If they're unwilling, well sod them. Who cares if it hurts?**
- **Put some music on to avoid the embarrassment of your neighbours calling the police in answer to the Twiggy's 'noises'.**
  
- **Arrange your Twiggy in a suitable position. Stand behind them and raise the twigs above your head (fig. 1)**



**Figure 1**

- Bring the twigs swiftly down to strike the Twiggee (fig. 2)
- Repeat as desired.



**Figure 2**

- **Be kind to your Twiggee. Once you've had your pleasure, rub some lotion into their skin (fig. 3). They'll thank you for it, and come back for more. Guaranteed.**



**Figure 3**